

Active travel map Walking and Cycling Saltash

ACTIVE TRAVEL MAP



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FREE

This map has been produced by Sustrans in partnership with and funded by Cornwall Council. It supports cycling and walking improvements within Saltash; these provide an alternative to motor vehicle use for trips to schools, colleges and workplaces. This reduces congestion, improves journey reliability and helps boost the local economy.

Electronic copies of this and other Active travel maps are available at www.cornwall.gov.uk/activetravel

Sustrans is the charity making it easier for people to walk and cycle. We connect people and places, create liveable neighbourhoods, transform the school run and deliver a happier, healthier commute. Join us on our journey.

To make a donation visit www.sustrans.org.uk or phone 0300 303 2604

To find out about walking and cycling routes in your area visit www.sustrans.org.uk/map

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Walking and cycling

Cornwall Council interactive mapping: Discover local paths and routes.

www.cornwall.gov.uk/community-and-living/mapping

CycleStreets: Journey planner, plan cycle routes from A to B.
www.cyclestreets.net

Plymouth Cycle Network: Access Plymouth's cycle network via the Tammar Bridge south cantilever. Download the map here
www.plymouth.gov.uk/parkingandtravel/cycling/cycleroutes

Saltash walks: Walks in the countryside around the town.
www.saltash.gov.uk/walks.php

Nearby routes

Nearby routes to explore by bike or on foot

Cornish Way: Inter-linking routes between Bude and Land's End.
www.cornwall.gov.uk/cornishway

Devon Coast to Coast: Starts in Plymouth and ends in Ilfracombe. See Plymouth Cycling Map (above), also
www.sustrans.org.uk/find-a-route-on-the-national-cycle-network/devon-coast-to-coast

National Cycle Network (NCN): UK wide network of cycling and walking routes. Nearby NCN at Devonport and Cremyll.
www.sustrans.org.uk/map

South West Coast Path: Long distance walking trail, join at Mount Edgcumbe Park and Devonport.
www.southwestcoastpath.org.uk

Public transport

Cornwall public transport: Bus, rail, coach and ferry information.
www.cornwall.gov.uk/transport-and-streets/public-transport/

National Rail Enquiries:
Tel: 08457 484950
www.nationalrail.co.uk

Traveline South West: Bus, coach, ferry and train times, includes real time journey information.
Tel: 0871 2002233
www.travelinesw.com

Useful contacts

Community Enterprises PL12: Organisation making Saltash a better place to live and work.
4 Fore Street PL12 6JL
Tel: 01752 848348
www.cepl12.org.uk

Saltash Town Council: Local information.
12 Lower Fore Street PL12 6JX
Tel: 01752 844846
www.saltash.gov.uk/index.php

Saltash history and heritage:
www.saltash.org

Tincombe Valley community space:
www.tincombe.insaltash.co.uk

Walking and cycling books: Available from **The Bookshelf**
96 Lower Fore Street PL12 6JW
Tel: 01752 845804

Leisure

Get Active Cornwall: For Cornish residents to get involved in physical activity.
www.getactivecornwall.co.uk

Saltash Leisure Centre: Callington Road PL12 6DJ
Tel: 01752 840940
www.better.org.uk/centre-locator

Salt Mill Park: Sports facilities, BMX and skate park and river-side walks.
www.groundwork.org.uk/projects/saltmill-park/

Cycle shops

Certini: Bike sales, accessories and repairs.
Tamar View Industrial Estate PL12 6LD
Tel: 01752 849315
www.certini.co.uk

Car sharing

Carshare Cornwall: Cut costs by sharing car journeys.
www.carsharecornwall.com

Co Cars car club: Local car hire by the hour, location in Plymouth.
www.co-cars.co.uk

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For further information contact:
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