

CDM REGULATIONS 2015

PRE-CONSTRUCTION INFORMATION

**Initial Demolition Works followed by
Single Storey Extension and Internal Remodelling**

to

Almondsbury Village Hall

at

24A Gloucester Road

Almondsbury, Bristol

BS32 4HA

29 November 2017

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1. Introduction:

1.1 This pre-construction information document has been compiled in accordance with the requirements of CDM2015 by the Principal Designer's team and is intended to provide relevant information about the project which has been obtained from the client and other reliable sources. The information provided here is proportionate to the nature of the health and safety risks involved with the project.

1.2 This document shall be read in conjunction with all other project information including:

- Designers' drawings and details
- Building specifications and schedules and preliminaries
- Existing plans and records
- Local Planning and Building Regulations approvals (Cook Brown Building Control – Conditional Building Regulation Approval Report Ref: BR07925 Dated 2/10/17)
- Reports and surveys carried out on behalf of the client
- For example; Site investigations, asbestos surveys, structural surveys and drainage surveys and any other relevant documents
- Rise Structural Engineer Report – Design Statement and Drawings

1.3 This pre-construction information document shall be issued prior to the start of the construction period and shall be used by the Principal Contractor to compile the Construction Phase H&S Plan.

1.4 This document may need to be updated, as and when required, when any new information, relevant to the project, becomes available.

Pre-Construction Information

2.1 Description of Project

The project includes the following:

- Construct a new side extension to provide additional space for storage.
- Asbestos removal
- Demolish & rebuild rear single storey extension.
- Internal remodel to create new (open) offices and separation to Function hall.
- Internal alterations to APC offices to provide office desk space, new WC facilities, File Storage area, Archive File area, Rest area, Tea Station (inc.new boiler) and Meeting Room.
- Function Hall facilities to include new Male WC area, new Kitchen fit out (new boiler), partial refurbishment of WC facilities and access to external and internal new storage.
- Improve the access to the building for both general and emergency usage.
- Provide new disabled access and escape exits.
- Drainage works.

For further details, refer to the architect's specifications and designers' drawings.

Address of the Site

Almondsbury Parish Council
 Almondsbury Village Hall
 24A Gloucester Road
 Almondsbury
 Bristol
 BS32 4HA

The property is located on the south side of Gloucester Road and has a shared drive with the former hospital buildings to the west of the property. For more details of the shared drive see GSH Architects Access Plan Drawing. No. 1601/15400 Dated Nov 2017.

Time Scale for the Project

Start of construction	January 2018
End of Construction	TBC
Mobilisation Period	6 weeks

2.2 F10 Notification

The project is notifiable. An F10 notification will be submitted to the HSE when the Principal Contractor is appointed.

2.3 Project Directory

2.3.1 Client

Almondsbury Parish Council
Almondsbury Village Hall
24A Gloucester Road
Almondsbury, Bristol
BS32 4HA

2.3.2 Principal Designer

GSH Architects Ltd
3 Hollow Road
Almondsbury
Bristol BS32 4DP

Contact: Simon Coles – Director
Tel: 07780 000220
Email: info@gsharchitects.co.uk

2.3.3 CDM Advisor to the Client

Lazenby Construction Safety Ltd
Office 105, Unit C5
North Road, Bridgend Industrial Estate
Bridgend, CF31 3TP

Contact: Fred Hurr
Tel: 01656 762270/07773 587219
Email: fredhurr@yahoo.co.uk

2.3.4 Structural Engineer

Rise Consulting Structural Engineers
Courtyard House
26A Oakfield Road
Bristol, BS8 2AT

Contact: Peter Hall
Tel: 0117 317 9801

2.3.5 M&E Engineers

To be appointed by Principal Contractor

2.3.6 Principal Contractor

To be confirmed.

2.3.7 Existing Records and Plans

For details of all existing services that may affect the works please refer to the Client's contract documents and records and contact Simon Coles of GSH Architects.

There are existing underground services north of the property on the south side Gloucester Road.

There is an existing sewer running parallel to Gloucester Road inside the property boundary and is located under the main single-storey building. Wessex Water have given permission for this sewer to be re-laid under the building. For details of the approval to build-over the sewer see Wessex Water letter dated 27/10/17 Ref: B175669. The Principal Contractor must comply with Wessex Water H&S regulations when carrying out this work – for more details see the above-named letter.

Refer to Statutory Undertakers' Drawings for details of services in the vicinity of the Village Hall:

- Western Power Distribution – Electricity and WPD Surf Telecoms – Site Location Plan 360760 184094
- Wessex Water – Water Mains and Sewers – Site Location Plan 360753 184092
- Bristol Water – Water Main – Site Location Plan 360760 184094
- Wales & west Utilities – Gas – Site Location Plan (not numbered)
- For on-site drainage details refer to GSH Sketch Plan Records

In the absence of accurate records relating to the existing site the Client is required under the CDM Regulations to carry out all necessary measures to locate and record any hazardous materials and/or buried services and any other conditions that may impact the contractors working on site with respect to H&S. Under the terms of the Contract the Client may request that the Principal Contractor carries out site investigations to identify any of the above issues prior to the start of the main works.

3 Client Considerations

3.1 Health and Safety Goals

The Client is committed to operating the site and provide a working environment, which is both safe and free from health hazards for everybody associated with the construction activity including members of the staff and the public who may be affected by the construction activity.

The health and safety goals for the project are to complete the project defect free, within budget and to achieve a zero-accident rating for the project in accordance with the client's policy.

It is therefore essential that all participating employees and appointed contractors use this plan as a guide to achieve the desired result.

3.2 Clients Rules and Procedures

All contractors associated with the project shall be required to comply with the rules and procedures provided by the Client and shall maintain regular contact with the Client's Representative and Principal Designer to discuss all relevant H&S matters relating to the works in progress.

The Principal Contractor shall be required to distribute H&S information to all parties at the appropriate time, during the term of the construction works, by the person in charge of the project.

3.3 Arrangements for Liaison between Parties

Close liaison will also be necessary with the Client's representative and Principal Designer to ensure adequate co-ordination and proper management of the project throughout all stages of the work.

3.4 Arrangements for Welfare

The CDM 2015 regulations makes specific reference to adequate welfare arrangements **MUST** be in place from commencement of the construction period. Arrangements must include the provision of such facilities included within the CDM 2015 Regulations.

3.5 Security

Contractor's working areas shall be made secure always to prevent un-authorized persons, including children, from entering working areas.

This should include: -

- General entry and exit procedure to be implemented
- Arrangements for the security of the work areas
- Arrangements for the security of plant and equipment including the location of temporary storage of plant and equipment.
- General access and egress procedures including accountability of persons on site at any one time.

3.6 Surrounding Land Uses

The property is located on the south side of Gloucester Road and has a shared drive with the former hospital buildings to the west of the property. There is a telephone exchange building to the east of the property. To the south of the property is a green field.

Gloucester Road is a very busy highway especially at rush-hour times both morning and evening. The Principal Contractor shall take extra care when vehicles enter and leave the site to and from Gloucester Road.

For more details see GSH Architects Existing Site Location Plan.

3.7 Existing Ground Conditions

Refer to Site Investigation Report (to be published early in December 2017)

3.8 Traffic Systems and Restrictions

The Principal Contractor is to comply with all the parking / loading / unloading and associated restrictions that may apply in the neighbouring streets. It is equally important from H&S point of view that the Principal Contractor complies with all Local Bye-laws and Street Regulations especially those relating to traffic systems and restrictions.

The Principal Contractor's vehicles, equipment and materials shall be secured always behind suitable and secure fencing to prevent un-authorized access by members of the public, children and third parties. These areas must also be made secure during out-of-hours. The Principal Contractor shall display contact details on the fence, including the site manager's name and telephone number for use during out-of-hours working should any emergency arise.

The Principal Contractor shall take all necessary safety measures to ensure that all vehicles and plant entering and exiting the site do so in a safe manner always. He shall also take care when vehicles and plant move inside the property boundaries and existing access shared driveway. If necessary, a banksman shall be used when moving vehicles and plant around the immediate area to ensure safety of all other users at the property, especially children and members of the public and third parties. The site shall be made vacant and not used by the owners during the works.

The Principal Contractor shall provide a Traffic Management Plan for this project.

3.9 Permits and Authorisation Procedures

The appointed Principal Contractor should consider arrangements for the implementation of an appropriate permit to work system to reduce risks to persons or others who may be affected by the following work activities:

- Hot works (if applicable)
- Working in confined spaces eg. deep manholes, sewers, trenches
- Isolation of electrical supplies and systems and other utilities
- Work at height
- Work activities involving risks to others or members of the public or emergency services personnel.
- Use of cranes or other mechanical lifting equipment

If a Permit to Work system is used it shall communicate information between parties involved, in order that additional training, instruction or information can be shared to ensure that persons are not exposed to the actions of others outside your control, and should be readily available to those persons undertaking the works

The permit must, as a minimum, contain the following information:

- Name of person issuing the permit
- Date of application is made
- Dates the permit is current
- Description of the works
- Hazards and risks associated with the work activity described above in the description
- Control measures to be implemented throughout the permit duration
- The name of the person receiving the permit
- The name of the person cancelling the permit
- The date and time the cancellation takes effect.

3.10 The Workplace (Health Safety and Welfare) Regulations 1992

These regulations impose duties upon duty holders to consider the end user's requirements for the health, safety and welfare of those persons employed within the premises.

During construction consideration, should be given to how those persons employed by the end user (Client) can manage those arrangements for operating, maintaining and repairing the premises, including operation of any plant or equipment within the premises.

Designers should consider issues identified by the client for: -

- Maintaining the premises
- Operation of plant and equipment
- arrangements for the welfare of persons
- accessibility of the premises, plant or equipment

For further information, refer to the regulations at www.hse.gov.uk

3.11 Contractors and Visitors Entry Procedures

All visitors intending to enter work areas shall first visit the site manager's office and sign in and out. The Principal Contractor shall operate sign-in/sign-out procedures for his own workforce and sub-contractors.

4 Principal Contractor Considerations

4.1 Construction Phase Health and Safety Considerations

The Principal Contractor and other Contractors may not be able to complete fully the Construction Phase Health and Safety Plan prior to commencement of the project. However, the Principal Contractor must provide a Health and Safety Plan/Method Statement for each element of the work before it commences.

The Construction Phase Health & Safety Plan is required to be sufficiently developed by the Principal Contractor prior to the construction work commencing, and then, to be fully developed throughout the project.

4.2 Emergency Procedures

4.2.1 Fire

The Principal Contractor shall be required to detail the emergency procedures for fire within the Construction Phase Health and Safety Plan.

Consideration should be included for the following: -

- Routes of escape from the work areas
- Fire prevention measures when working in confined spaces or areas of restricted natural ventilation within the work areas.
- Means of sounding and raising the alarm
- The surface spread of fire emanating from hot works
- Lone or isolated work activities within confined, restricted or controlled working environments.
- Hot works involving flammable gas and flammable materials.

In addition to the above consideration should also be given to the following

- Responding to alarms activated by others.
- The ability to hear fire alarms within enclosed working environments.
- Means of escape from mobile elevated work platforms in the event of fire.
- Monitoring of the atmosphere within the confined spaces or restricted working environment.

4.3 Accident/Injury/Dangerous Occurrence

The Principal Contractor shall be required to detail his arrangements for the management and control of Accidents, Personal Injury or Dangerous Occurrence on site during the project within the Construction Phase Health and Safety Plan.

The above provides clear information to those persons working within the area the actions to be taken for: -

- The treatment of minor accidents or injuries
- The action to be taken to raise the emergency services
- The action to be taken by whom to record and report the incident or accident
- Where to obtain emergency first aid treatment.

Consideration should also be given to the rescue of persons from the confined or elevated working platforms.

4.4 Reporting Procedures

The Principal Contractor shall be required to detail his arrangements for the Reporting of Accidents/Personal Injury or Dangerous Occurrence on site during the project within the Construction Phase Health & Safety Plan.

Any serious accidents shall be reported to the HSE under the RIDDOR regulations.

This provides clear information to those persons working within the area, the actions to be taken for: -

- Who to report accidents or incidents to
- Whose responsibility it will be for completing the relevant forms
- Whose responsibility it will be for informing the design team
- Where the forms can be located

4.5 Working Hours

The Principal Contractor shall be required to detail the arrangements for working hours within the Construction Phase Health and Safety Plan.

Consideration should be given to the following adequate timescales for:

- the erection of security hoardings (if applicable)
- the placement / delivery of temporary welfare facilities for the project
- the delivery times of large and heavy items of plant and equipment
- the protection of others and staff who may be affected by the hours of work
- safe access and egress to the working area throughout the working hours for the duration of the project
- the delivery and removal of materials within the working hours agreed with the occupiers' representative and adjacent retailers
- the control of emissions into the atmosphere including dust, noise and vibration during the construction working hours

4.6 Monitoring and Review of Construction Operations

This shall include the monitoring and control of direct and sub-contractors engaged to complete various work activities associated with the construction works

This provides clear information and guidance on the following:

1. Frequency of monitoring
2. Carried out by
3. What will be recorded during monitoring
4. What action will be taken in the event of defects noted
5. Who will have the responsibility of rectifying the defects
6. What action will be taken for non-compliance

The Principal Contractor shall be required to detail his arrangements for the monitoring and review of construction activities though out the project.

4.7 Consultation with Employees and Others

Appointed Contractors shall be required to provide a suitable and adequate means to consult with those contractors and others who may be affected by the construction activity, prior to construction operations commencing.

Consultation with others shall include regular meetings, exchange of health and safety information, training, co-ordination and co-operation with those affected by the construction operations.

The Principal Contractor shall be required to detail the arrangement for consultation, co-ordination and co-operation between parties associated with the construction activity within the construction phase Health & Safety Plan.

4.8 The Selection and Control of Contractors

The appointed Principal Contractor shall be required to have adequate resources in place for: -

- The selection of approved and experienced contractors for the tasks to be undertaken.
- Establishing the competence of selected contractors and persons required for construction activities.
- Have appropriate, resources in place for the procurement of resources including the appointment of suitable contractors required for task.
- Adequate timescale in place for the mobilisation of other appointed contractors.

The Principal Contractor shall be required to detail the arrangements for the selection of competent contractors for the work activities, including mobilisation periods within the Construction Phase Health and Safety Plan for the project.

4.9 The Selection and Control of Plant and Equipment

The Principal Contractor shall be required to have adequate resources in place throughout the construction period for the selection and control of plant and equipment required for the project.

Selection and control measures should be based upon suitable and sufficient assessment of risk to persons and others who may be affected by the construction activity.

The Principal Contractor shall be required to co-operate and co-ordinate with others undertaking construction activities and to disseminate site rules and procedures to others regarding the control and selection of plant and equipment required for construction activities.

All plant and equipment selected should be: -

- fit for purpose and free from defect
- properly used as its intended design
- operated by trained and competent persons
- properly and regularly maintained

The Principal Contractor shall be required to detail the arrangements for the selection and control of plant and equipment for the work activity within the Construction Phase Health and Safety Plan.

4.10 Site Induction and Training

The management and control of the general health and safety of employees and others associated with the project falls within the duties of the appointed Principal Contractor to ensure that persons are:

- adequately informed of the site rules and procedures
- suitably experienced and competent to undertake the type of work
- adequately trained and supervised during the works
- provided with safe access and egress to the place of work
- provided with safe and maintained plant, equipment and appropriate PPE
- provided with adequate arrangements for welfare

Training should contain the following information:

- Site rules appertaining to working on the construction site
- Reporting of accidents, injuries, dangerous occurrences
- Emergency procedures for fire and evacuation of the site
- Emergency procedures for the discovery of buried suspect materials or substances.
- general security procedures

The Principal Contractor shall be required to detail the arrangements for the site safety induction of persons. Induction procedures should clearly identify the names and telephone numbers of those persons with management responsibility actively associated with the project within the Construction Phase Health and Safety Plan.

4.11 Approval of Risk Assessments and Method Statements

Work activities associated with the project shall require work to be undertaken in a specific logical sequence to reduce risk to employees and others to a minimum.

The Principal Contractor shall be required to detail the arrangements for the implementation of suitable and sufficient risk assessments and the production of appropriate method statements for the work to be undertaken within the Construction Phase Health and Safety Plan.

4.12 Arrangements for Dealing with Design Changes/Unforeseen Eventualities during Construction

The following procedures must be observed where unforeseen eventualities during project execution result in substantial design changes which might affect the allocation of health and safety resources.

Any substantial design changes shall be examined by the Designers for health and safety implications.

Details of proposed substantial design changes must be submitted to the CDM Coordinator to ensure compliance with the regulations.

The Principal Contractor and, where applicable, other Contractors, shall re-examine changes and implement all necessary Health and Safety measures to deal with those changes.

Non-design generated works/site developments, which had not or could not have been envisaged, necessitating a revised approach, must be evaluated by the Designer(s) from a health and safety risk assessment before implementation.

The Designer's resolution of any such unforeseen circumstances must be submitted to the CDM Coordinator to ensure compliance with the regulations before implementation.

The Principal Contractor shall be required to detail his arrangements for the management and control of design changes within the Construction Phase Health & Safety Plan.

4.11 Security

The Principal Contractor shall be required to provide details within the Construction Phase Plan of the arrangements for the securing the premises from trespass or unauthorised entry.

5 Significant Hazards and Risks

5.1 Potential Health & Safety Risks

RISKS DURING CONSTRUCTION DEMOLITION / DECOMMISSIONING / DISMANTLING / ALTERATIONS

High levels of noise from plant and machinery – the Principal Contractor shall undertake to carry out suitable risk assessments in relation to the generation of noise during the works including protecting his workforce and other users of the site from the harmful effects of noise. Principal Contractor may need to employ noise suppression measures to reduce harmful effects of noise.

High levels of dust generated by the construction works – the Principal Contractor shall undertake to carry out suitable risk assessments in relation to the generation of dust during the works including protecting his workforce and other users of the site from the harmful effects of airborne dust. The Principal Contractor may need to employ dust suppression measures to reduce harmful effects of airborne dust

Excavations for foundations – the excavated trenches for foundations may need to be shored up to prevent trench walls collapsing. Refer to Structural Engineer's design.

IT IS ASSUMED THAT ALL WORKS WILL BE UNDERTAKEN /CARRIED OUT BY COMPETENT AND ADEQUATELY RESOURCED CONTRACTORS WORKING TO SAFE SYSTEMS OF WORK AND IF NECESSARY A STRUCTURAL ENGINEER SHALL BE CONSULTED IF TEMPORARY WORKS DESIGN IS NEEDED PRIOR TO DEMOLITION BEING CARRIED OUT.

OPERATIONAL / MAINTENANCE RISKS

No Abnormal / Significant risks have been identified relating to this design element

5.2 Asbestos

See Asbestos Refurbishment Survey carried out by Asbestos Consultants Europe Limited on 27/7/2016.

The survey identified various asbestos carrying materials in the building therefore demolition or strip-out works shall not take place until the findings of the asbestos refurbishment survey are taken into account by risk assessment and accompanied by a method statement for safe working procedures. The removal of asbestos will probably be carried out by a specialist contractor ahead of the main building contract.

5.3 Services

The Principal Construction Contractor should undertake all necessary investigation to establish the location and the nature of services within the work area which may be affected by the construction works and shall include the following:

- Alteration and isolation of electrical supplies
- Alteration to mechanical services
- Alteration and repair to emergency systems within the premises
- Alteration and isolation of telecommunication supplies

The Principal Contractor shall be required to detail their arrangements for the identification, protection and isolation of services within the Construction Phase Health and Safety Plan.

5.4 Overhead/Underground Services

Please refer to existing services drawings and statutory records for isolation points prior to undertaking any ground works. The PC shall use all necessary measures including **CATSCAN** equipment to locate buried services. Hand dig procedures shall also be used to locate services if there is any doubt.

Application must be made to the Client's representative and a full permit to work procedure implemented prior to any isolation works to electrical supplies.

The Principal Contractor shall be required to detail the arrangements to implement and manage live underground services.

5.5 Demolition/Dismantling

All demolition and/or dismantling that is required as a part of the works shall be assessed by carrying out suitable site-specific risk assessments and method statements for safe working procedures (RAMS). These RAMS shall be completed by the Principal Contractor and relevant sub-contractor before the works commence.

The project shall involve generation of waste materials throughout the construction period. A suitably developed Waste Management Plan is to be produced to control the quantity and procedures for waste to landfill sites. Waste should be separated at source and transported by licensed carriers to registered waste land fill sites. Waste transfer notes should be kept within site documentation.

Waste generated may be of minimal quantity, but may contain contaminates that will be required for removal from site, or the control of contaminated material.

General control measures may include:

- the separation of waste materials
- the protection of waste materials
- The control of emissions of contaminated material into the atmosphere emanating from dust.
- The control of water run-off or slurry containing possible contaminated substances or heavy metals into existing water courses.
- The transfer of contaminated material by road haulage and subsequent disposal.

The Principal Contractor shall be required to detail the arrangements within the Construction Phase Health and Safety Plan for the control of waste and contaminated materials, or the removal of potentially dangerous materials or substances discovered on the project.

CDM2015 states - Regulation 20 Demolition or dismantling. The demolition or dismantling of a structure must be planned and carried out in such a manner as to prevent danger or, where it is not practicable to prevent it, to reduce danger to as low a level as is reasonably practicable. The arrangements for carrying out such demolition or dismantling must be recorded in writing before the demolition or dismantling work begins.

5.6 Delivery of Material

The Principal Contractor shall be required to detail the general arrangements for the handling and positioning of such equipment and materials associated with the construction works within the Construction Phase Health & Safety Plan.

5.7 Work at Height

The project will involve work at height – all works to comply with Work at Height Regulations.

The Principal Contractor shall be required to detail the arrangements for the selection and control of all access equipment for Work at Height within the Construction Health and Safety Plan.

5.8 Lifting Operations

The Principal Contractor shall be required to detail the management arrangements for lifting operations or lifting devices selected as classified within the LOLER Regulations within the construction Phase Health and Safety Plan.

This should include full details of:

- (a) The arrangements for carrying out a suitable risk assessment of the lifting operations
- (b) The preparation and provision of a suitable method statement for the lifting operation
- (c) The nominated persons to act as the person in control of the lifting operations

5.9 Underground Services

Refer to statutory undertakers plans and records. For more details contact Simon Coles of GSH Architects and section 2.3.7 above.

5.10 Manual Handling

The project may require the removal/handling of large or heavy items. This should be undertaken by persons suitably experienced in handling and lifting heavy items greater than 25kgs with specialist equipment.

The Principal Contractor shall be required to detail his arrangements the management of persons exposed to manual lifting or lifting of weights greater than 25 kgs within the Construction phase plan.

5.11 Restrictions on Noise, Vibration and other Environmental / Planning Issues

The Principal Contractor is expected to use his best endeavours to limit the amount of noise and dust emanating from his works. Vibration, noise and dust pollution must be kept to a minimum considering the properties nearby. All reasonable steps must be taken to reduce noise and dust pollution to levels acceptable to the Local Authority Environmental Health Department under the Environmental Protection Act 1990.

The Principal Contractor shall be required to detail his arrangements for the control and monitoring of emissions into the atmosphere. This shall include noise and dust associated with Construction activities.

5.12 Fire Escape Routes

The Principal Contractor shall prepare a construction fire risk assessment for the duration of the works.

The Principal Contractor shall liaise with the Almondsbury Parish Council regarding the co-ordination of fire risk assessments and procedures.

6 Appendices

Appendix 1 – Principal Contractor’s Emergency Arrangement Drawing

The Principal Contractor shall be required to provide with the construction phase plan, a suitable drawing showing the emergency routes, call points, fire alarm systems, and if applicable, the location of waste skips external welfare facilities, traffic routes and storage areas.

Appendix 2 - CDM 2015 Regulations Schedule 2

Sanitary Conveniences

- Suitable and sufficient sanitary conveniences to be provided or made available at readily accessible places, adequately illuminated and ventilated
- Kept clean and in good order and condition
- Separate facilities for both men and women when applicable, or where the facilities can be secured from the inside when in use by a single person.

Washing Facilities

- Suitable and sufficient facilities for washing must be provided, within the immediate vicinity of every sanitary convenience
- Washing facilities must be provided with hot and cold or warm running water so far as is reasonably practicable
- Must be provided with suitable means of cleaning and drying including soap and towels
- Must be adequately ventilated and illuminated
- Must be maintained in and clean and tidy order
- Must be capable of being secured if intended of being in use by a single person only

Drinking Water

- Adequate supply of clean fresh drinking water to be provided at readily accessible places.
- Must be adequately signed to identify drinking water
- Adequate supply of suitable cups or other drinking vessels unless water is provided by a jet.

Drying Room/Changing Facilities

- Suitable and sufficient changing facilities to be provided or made available where persons are expected to wear special clothing for work
- Be provided at readily accessible places
- Provided with adequate seating and lockers

Facilities for Rest

Facilities for rest or rest areas must be provided at readily accessible places and include suitable arrangements for:

- The protection of smokers and non-smokers
- Be equipped with adequate number of suitable tables and chairs with backs to support the total number of persons on site at any one time
- Include suitable arrangements to ensure meals can be prepared and eaten
- Including means to heat food and water
- Be maintained at an appropriate temperature

Appendix 3 - The CDM Regulations 2015 H&S File

The Health and Safety File shall be a project specific document containing all necessary information relating to the construction works. For the required number of copies and mode of presentation refer to the Contract Documents.

The list below is a guide as to what information shall be required for the H&S File.

Sub Directories and Files:

- **Project Description**
- **Project Directory**
- **Residual Hazards**
- **As Built Drawings (if applicable)**
- **Underground Services information**
- **Asbestos Clearance Certificates (if applicable)**
- **List of materials manufacturers and suppliers**
- **Operation and Maintenance Manuals for Installed Equipment**
- **Cleaning and Maintenance Strategies**