

Perinatal mental health peer support service

Market Engagement Event

Thursday 22 July 2021, 10am – 11.30am

About

The Council is looking at options for the re-procurement of its peer support service for mild-moderate perinatal mental health needs. The service is primarily aimed at delivering emotional and practical support to parents who may be experiencing mild-moderate anxiety, social isolation and/or depression, antenatally and in their infant's first years of life (first 1001 days).

At this stage, we are looking to gauge potential interest from the market regarding the upcoming opportunity, as well as obtaining feedback about the service and proposed process.

What is peer support?

Peer Support may be defined as the help and support that people with lived experience of a mental illness are able to give to one another. Peer support is distinct from other forms of social support in that the source of support is a peer, a person who is similar in fundamental ways to the recipient of the support; their relationship is one of equality.

It may be social, emotional or practical support but importantly this support is mutually offered and reciprocal, built on shared personal experience and empathy and allows peers to benefit from the support whether they are giving or receiving it.

Research has shown that peer-run self-help which works towards the individual's wellbeing and recovery, yields improvement in psychiatric symptoms resulting in decreased clinical input, larger social support networks and enhanced self-esteem and social functioning.

Agenda for Market Engagement Event

1. Camden perinatal mental health: demographic profile and overview of mental health need
2. Overview of provision
3. What we are looking for from potential providers
4. What we will offer
5. Procurement process and indicative timetable



6. Q&A session: questions, comments, and feedback from providers

Next Steps

If you are interested in attending the event please contact:

michael.sargeant@camden.gov.uk to register your interest and receive joining instructions.