

ANNEX A2

IAPT Couple Therapy for Depression for Relate Practitioners (CTfD)

CTfD Specification and Bidding Information

Summary of Requirements :

To deliver one of the two approved curricula (see below) for IAPT Couple Therapy for Depression for Relate Practitioners.

Locations for training delivery are given below. Bidders should note that they may choose which of the two curricula they wish to offer at each location **other than Norwich**. The curriculum being offered should be clearly identified in Question 1 in the Technical Question section and in the Financial Proposal (Question 2a)

The 2 curricula are :

- ANNEX A2 – 1 Advanced Couple Therapy for Depression Training for Relate Practitioners National Curriculum
- ANNEX A2 – 2 Behavioural Couple Therapy for Depression - A Post Qualification IAPT Training Curriculum for Relate Practitioners

To work in close partnership with Relate at a national level to prioritise practitioners who are suitably qualified to enter the programme and who have specific commitments in place to deliver CTfD within or on behalf of IAPT services on completion of the training.

To be delivered in four cohorts in the following locations:

- London (15 practitioners). Bidders may offer to deliver either curriculum at this location
- Norwich (14 practitioners). **Bidders must offer only the Behavioural Couple Therapy for Depression curriculum at this location**
- Leeds (15 practitioners) Bidders may offer to deliver either curriculum at this location
- Derby (15 practitioners) Bidders may offer to deliver either curriculum at this location

Delivery will include selection, teaching, supervision and assessment of competence (but not including provision of practice placements). Supervision may be provided remotely via Skype or similar.

Sussex Partnership NHS Foundation Trust on behalf of Health Education England
Improving Access to Psychological Therapies (IAPT) Programme

Bidders can bid for more than one lot.

Maximum number of attendees at any classroom session - 30

Maximum price £3,300 per trainee (either curricula)