# **Dodington Parish Council**

# **Lilliput Park**

# **Exercise Equipment Specification and Design Brief**

Lilliput Park Kingfisher Road Chipping Sodbury BS37 6EB

**March 2019** 

#### 1. LILLIPUT PARK - BACKGROUND TO THE PROJECT

Dodington Parish Council has secured Section 106 funding to supply and install outdoor exercise equipment in Lilliput Park for community use.

The Council has carried out a consultation process to determine the location and type of equipment and this specification and design brief has been developed to define the details of the project.

The contract for the exercise equipment includes the supply and installation of new equipment and surfacing, along with ancillary items, including instruction signage.

The Council has a budget of £36,000 (excluding VAT) for this project and specialist providers are invited to submit proposals for this work, to meet the design criteria and the available budget.

## 2. DESIGN REQUIREMENTS

# **Exercise equipment**

Tenderers are invited to put forward proposals for a scheme for an exercise trail, based on a series of stations spaced at intervals along the footpath through the centre of the site. The scheme should include the elements as follows and as indicated in sketch form on the drawings.

- Drawing number LA/265/01 (Lilliput Park Exercise Equipment/ Indicative layout) shows the approximate locations envisaged for the equipment.
- Simple, fun items are preferred. A similar site for exercise equipment is proposed by the neighbouring Yate Town Council. That scheme focusses on hydraulic equipment, closely related to indoor gym use. The proposals for Lilliput Park seek to complement this rather than replicate it, so that residents can use both sites to benefit from a variety of exercise types.
- The items are to be set out in pairs to encourage a sociable approach to exercise.
- The equipment should be designed for adult use.
- The equipment should be robust for use in a permanently open, unsupervised public space.
- The equipment should include some items useable by wheelchair users and people with limited mobility.
- Equipment should be considered that allows more than one person to use the equipment at a time.
- Equipment should be considered that can be used in different ways.
- The equipment should be accompanied by comprehensive user instructions. If any online user support tools are available, these should be described.

- A post should be included at each station for dog walkers to tether their dogs whilst they exercise (this can also be the instruction post).
- A balance of equipment to exercise different muscle groups should be provided.
- The submission should include details of warranties and an indication of the longevity of the equipment proposed.
- Equipment and it's installation should meet the requirements of the relevant British Standards.

# Surfacing

The equipment is set out alongside an existing compacted stone-to-dust footpath (pictured below). It is envisaged that the surfacing beneath the equipment will be similar or a combination of tarmac and shredded bonded rubber mulch (should the latter be required to meet British Standard requirements). The contractor's proposals should show details of this, or any proposed alternative, along with implications for accessibility. The indicative layout plan shows semi-circular areas of paving around each exercise station. This is for guidance only. The contractor is invited to suggest adequate paving around each station to suit the equipment proposed. The cost of the paving works must be included in the main project budget.









The raised planting bed (above) will be refurbished / replanted under a separate project. However, the indicative layout shows an exercise station placed at either end of the bed in order to tie it into the scheme.

# Long term maintenance:

The park is maintained by Dodington Parish Council. The contractor's proposals should indicate the maintenance requirements of the new equipment, including the inspection requirements, guarantees and availability of spare parts.

## **Accessibility:**

The contractor's proposals should include elements that are accessible to all users and supporting text should describe the use and accessibility of all elements.

#### **Site Access:**

Vehicle access is via Love Lane (there are drop down bollards and a field gate into the park - keys held by the Parish Council). Contractor's parking to be agreed with the Parish Council prior to commencement of the contract.

# **Insurance Requirements:**

Contractors are required to hold current public liability insurance minimum cover £5 million.

#### Site Safety:

Contractors are required to provide a method statement to demonstrate proposals for site safety during the installation process, including any provision for temporary fencing and safety of the public whilst machinery is manoeuvring on site.

#### Site Accommodation:

Any site compound and welfare facilities to be agreed with the Parish Council.

# **Existing Services:**

A NRSWA search has been instigated for the site and the results will be shared with the contractor prior to commencement of the contract.

#### Site management:

The contractor should maintain roads and footpaths within and adjacent to the site and keep clear of mud and debris. Any damage caused by site traffic or otherwise during the works to be made good to the satisfaction of the Council.

#### **Hand Over:**

At completion, provide an manual for the maintenance and operation of the equipment. Instruct council staff on same and also of use of equipment. Documentation required: general product information, inspection and maintenance information, information on spare parts, supply of any tools for operation, maintenance and cleaning purposes.

#### **Programme:**

Prior to commencement of the contract, the contractor to provide a programme for the works, including any subcontractor's works.

The completion date for the project is the end of July 2019.

# 3. THE SUBMISSION

Tenderers are invited to design a scheme which would bring to fruition the style of scheme outlined above. Drawings, written descriptions and appropriate illustrations will be required to enable the Council to assess the submission.

The successful tenderer will be required to

- Describe the exercise value of proposed elements of the design.
- Have all equipment inspected and approved by RoSPA (or similar approved) after installation.
- Provide a method statement prior to beginning work on site to describe how the work will be managed on site, including safety provisions and protection of the public.
- Provide the client with an equipment manual.

#### THE BUDGET

The project proposal includes a sum of £36,000 for the equipment, the paving and all associated works and the contractor should design their proposals to suit this budget.

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