## SESSION THREE

## Finding Job Openings

## FLIP-CHARTS

| 1. | AGENDA |
| :---: | :---: |
| Welcome and Warm-up |  |
| Finding Job Openings Through Networking |  |
| Sources of Job Leads |  |
| Informational Interviewing |  |
| Introduction to CVs |  |
| Debrief |  |

```
2.
HOW YOU FOUND YOUR PREVIOUS TWO JOBS
    Direct advertisement by the employer
    Employment Agency/Jobcentre
                Job website/Internet
                    Newspaper Ad
            Someone told you about it
    Applied directly to the employer
```

3. 

HOW PEOPLE FIND JOBS

|  | ■ Missing/Unknown <br> ■ Reply to advertisement <br> - Job Centre <br> ■ Careers Office / Jobclub <br> ■ Private employment agency,business <br> - Hearing from someone who worked there |
| :---: | :---: |

```
4.
    SOURCES OF JOB LEADS VIA PERSON
    CONTACTS OR PLACES WHERE WE CAN
MEET PEOPLE WHO MIGHT HAVE JOB LEADS
```


## 5b.

WAYS OF OVERCOMING THESE DIFFICULTIES

MOST DIFFICULT THINGS ABOUT ASKING FOR A JOB LEAD
6.

INFORMATIONAL INTERVIEWING

- What are the different types of jobs available here?
- What is it like to do this job?
- What do you need to know to do this job? (skills)
- What type of person fits in best? (personality traits)
- And whatever else you want to know...

7. ON-LINE SOURCES OF JOB LEADS THAT PARTICIPANTS MAY HAVE USED
8. A) WHY USE LINKEDIN

- A lot of jobs are posted on Linkedin
- Many of the job postings are exclusively on Linkedin
- Many employers use it
- You can meet the people behind the jobs
- Present what you know and what you can do
B) Review example of a Linkedin profile
C) Advantages of having a Linkedin Profile in a job interview

9. A) TWITTER AND JOB LEADS

- Jobs found exclusively on Twitter

10. MOST DIFFICULT THINGS ABOUT USING ON-LINE APPROACHES FOR JOB LEADS and company websites

- Being the first to know
- Quick, easy vacancy breakdown
- Simple job search
B) Review example of a Twitter account/ profile
C) Advantages of using Twitter for Job Leads

11. WAYS OF OVERCOMING THESE DIFFICULTIES

## 12.

CAREER OBJECTIVE OR SUMMARY

14.

SKILLS, ABILITIES AND ACHIEVEMENTS


## 18.

## COVER LETTER

## SESSION THREE

## HAND-OUTS FOR EXERCISES <br> AND <br> ADDITIONAL INFORMATION HAND-OUTS

SESSION THREE: Hand-outs for Workshop Activities3-1 Script: Asking for Job Leads3-2 Discovering Your Job Lead Network3-3 Steps in Contacting People for Job Leads3-4 Asking for Job Leads3-5 Blank Participant Network List3-6 Questions for the Informational Interview
3-7 On-line Job Leads - Linkedin
3-8 On-Line Job Leads - Twitter
3.9 On-Line Job Leads - Other tools and examples3-10 Electronic Offers New Opportunities
SESSION THREE: Additional Information Hand-outs
3INFO Informational Interview
3TIPS Tips for Conducting an Informational Interview
3CVS Introduction to CVs
3CVBPF CV Blue Print Form
3CVSAM Four Sample CVs
3 ECVs Electronic CVs
3 WMGCV What makes a good electronic CV
3CVACT Active Language for CVs
3CVLIST Checklist for CVs
3COVER Suggestions for Writing Covering Letters
3COVERS Sample Covering Letter

3REF Tips for Making Your List of Job References

Introductions:
Let's go around the room and share one thing that you did since we last met: a personal achievemntt, job-leads you want to share, something nice that happened to you or anything along those lines.

- We'll start... (Trainers model a brief answer.)
A. Welcome and Sharing
B. Present Agenda for the Day

- Trainers ask: "Are there any questions?"


## C. Distribute

- Blank Participant Networking List

10 Minutes

2 Minutes

1 Minute
HAND-OUT 3-5
"Blank Participant
Networking List"

## Introductions:

Let's start today by talking about ways to find job openings.

- Let's see what can be learned from your own experiences. Let's take a count about how you found out about your last two jobs. If you found both jobs the same way, raise your hand.
- How many found a job through... (go through the list).


## How People

Find Jobs:

- Trainers comment on any similarities between group's tally of sources of job leads and how others find jobs.


## Hand-out

This is a mixture of how people hear about and respond to job leads. It doesn't take account of the internet and social media - hand out Xx introduces people to some of the new opportunities which are opened up via electronic means

## II. FINDING JOB OPENINGS THROUGH NETWORKING

## A. Tally Sources of Job Leads

1. Ask, Post, and Tally: "How many participants found their previous two job leads through..."

B. Introduce How People Find Jobs
2. Post: Pie Chart Graphic:
3. 



10 Minutes

5-10 Minutes

HAND-OUT 3-10 Briefly introduce and mention that CVs and internet/ social media will be discussed later.


## How People

Find Jobs:

- Trainers comment on any similarities between group's tally of sources of job leads and how others find jobs.

3. Practice: Trainers' sketches:

A = Applicant, $\mathrm{C}=$ Contact
Applicant calls Contact.
A. Hi $\qquad$ , it's $\qquad$ . How have you been?
C. Fine. How are you, what have you been up to?
A. I'm looking for a job. You know all about my experience.
(TO GROUP) "What do you think of that?"
(TO GROUP) "Let's try this again."

OPTIONAL HAND-OUT 3-1:
"Script: Asking for Job Leads"
A. Hi $\qquad$ , it's $\qquad$ . How have you been?
C. Fine. How are you, what have you been up to?
A. I'm looking for a job where I can do some picture framing. l've never worked in a picture frame shop before, but I thought I might try it. I have a lot of experience in framing my own art work.
C. Sounds good.
A. Are you aware of any framing positions?
(TO GROUP) "How was that?"
(TO GROUP) "Let's try it again."
A. (TO GROUP): "We're going to do this skit once more. It doesn't matter if the steps are in a particular order. When you try this for yourself, you'll find your own style. The important thing is that we are achieving the purpose of finding job leads."
A. (This contact is a former boss from a summer job). Hello Mr Brown, this is $\qquad$ . Do you have a moment?
C. Yes, what's on your mind?
A. I've been looking for a different type of job from the one that I did for you last summer. I want to work in a framing shop and maybe learn some new skills. I'm good with my hands and I thought this might be a way of combining something I like to do with a job.
C. Hmm, I don't think our day care business has much to do with framing.


| Hand-out: <br> The hand-outs we are giving you can help you think of all the people you know that you might want to contact. | - Distribute 3 Hand outs | 3 HAND-OUTS: <br> 3-2: "Discovering your Job Lead Network" <br> 3-3: Steps in <br> "Contacting <br> People for Job Leads" <br> 3-4: "Asking for Job Leads" |
| :---: | :---: | :---: |
| Practice <br> Networking: <br> One person at a time <br> will play the $\underline{i o b}$ <br> seeker who is making the job lead contact by telephone. <br> - Another person plays the person being asked. observer, whe the $\frac{0 b s e r v e r,}{}$ and notices listen positive and effective things the seeker does as he or she makers the call. | F. Participants Practice Networking <br> 2. Practice: Participants make two job lead contacts: <br> - Job seeker; <br> - Person being asked; <br> - Observer <br> "Each person should make two job-lead contacts following these steps: <br> 1. Make the first contact. <br> 2. Get comments from the observer and the person being asked for the lead. <br> 3. Make the second contact. <br> 4. Get comments again. <br> 5. Switch so another person can practice. <br> 3. Debrief: "How did it feel to be asked by another person for a job lead?" | 15-20 Minutes |

G. Inoculation Against Setbacks

1. Post:

- Most Difficult Things About Asking for a Job Lead
- Ways of Overcoming these Difficulties

5a.
MOST DIFFICULT THINGS
ABOUT ASKING FOR A JOB LEAD

5b.
WAYS OF OVERCOMING THESE DIFFICULTIES
2. Debrief: "Which of the ways of overcoming these difficulties will you use?

- Trainer encourages participants to vocalise:
- To the participant sitting next to them OR
- To the larger group OR
- To indicate on the flip chart with a tick

Their choices for overcoming difficulties.
"If a good friend called you and asked about a job lead, would you feel you wanted to help that friend and why? What are some reasons people might like being asked for job leads?

## Informational Interview:

There is one more form of networking that we'd like to talk about that makes a very professional impression and is used in exploring new job areas: the Informational Interview.

Many of you have expressed interest in exploring the possibility of finding a job that is different from what you've done before. An Informational Interview is conducted by the job seeker to get information about a job or job field.

It is unlike a job interview because the job seeker asks the questions. Here on the flip chart are the kinds of questions one would pose to an employer or someone who has a particular job.

Using this technique will help you find out:

- If you would be happy doing this type of job.
- If you have the qualifications for the job and, if not, how to get them.
- How to tailor your answers in applying and interviewing for similar jobs.
- How to find a suitable job in unexpected places.


## Participants

## Practice:

We'd like to give you an idea of what an Informational Interview feels like:
In this exercise you won't be playing the employer/employee as you've done so far. You're going to play yourselves.

## III. Informational Interviews

## A. Introduction to Informational Interviewing

1. Present and Explain: Informational Interviewing graphic:
2. INFORMATIONAL INTERVIEWS

- What are the different types of jobs available here?
- What is it like to do this job?
- What do you need to know to do this job (Skills)?
- What type of person fits in best (personality traits)?
- And whatever else you want to know
- Ask: "Why might this be a useful technique?

2. Practice: Paired participants

- Job Seeker
- Contact
"When you play the Contact, you will think about a job you once had that you really liked. Your partner will do an informational interview with you about that place of work. This will make your answers easier and more realistic."
"When you are the Job Seeker, your job is to practice talking to this contact to get information about the person's company or field of work; use the five questions listed here on the board to begin your interview."

Debrief: "How did it feel to be the job seeker or contact?"

5-10 Minutes

20-25 Minutes

Break into pairs.

HAND-OUT 3-6: "Questions for the Informational Interview"

5-15 Minutes

## IV. Sources of Job Leads via e-contacts (internet \& social media)

## A. Introduction to Internet \& Social Media

1. Post on Flip Chart: Participant's suggestions for on-line ( $e$-sources ) of job leads they may have used or heard about
2. ON-LINE SOURCES OF JOB LEADS THAT PARTICIPANTS MAY HAVE
3. Debrief: Review suggestions

- Which sources have people used most often?
- Use of Smartphones/ Tablets, etc, to download Apps.
- Do participants think that employers use on-line job sites to screen job applicants?
- What things might employers be looking for?

3. Summary: Surveys show that employers routinely look at candidates' profiles on-line. Things that may influence employers recruitment decisions are inappropriate language content -references to drink or drugs, negative comments about current or past employers, and exaggerating about qualifications.

## B. Linkedin \& Job Leads

1. Present \& Explain: Work through flip with group, eliciting participants experience of Linkedin as appropriate.
"We are now going to look at two examples of social media and how they can be used to enhance your job lead network and your chances of obtaining a job." We will first look at Linkedin what it looks like/ how it works; the reasons why you might use it, and the advantages of having a Linkedin profile.

HAND-OUT 3.7 "Linkedin"

This session should include a demonstration of an on-line Linkedin profile (facilities/ equipment permitting). If this is not possible review screenshot via a hand out
2. Debrief: Trainers highlight key features of Linkedin, including setting up account and how it works, and advantages of using Linkedin as a source of job leads.

## C. Twitter \& Job Leads

1. Present \& Explain: "We are now going to look at another social media tool which can also be used as a source of job leads. As we noted earlier some jobs are only found on social media and company websites, and Twitter is a good example of this."

> 9. (A) TWITTER AND JOB LEADS

- Jobs found exclusively on Twitter and company websites
- Being the first to know
- Quick, easy vacancy breakdown
- Simple job search
(B) Review example of a Twitter account/ profile
(C) Advantages of using Twitter for Job Leads

5-mins

HAND-OUT 3.8
"Twitter"
This session should include a demonstration of an on-line Twitter profile (facilities/ equipment permitting). If this is not possible review screenshot via hard copy.

Twitter is quick and easy for employers to use.

Jobseekers can target their job search for example by typing 'job', 'london', 'retail'.
2. Ask: Why do you think Twitter is a better way of sourcing job leads, than checking company websites?

|  | 3.Debrief: Trainers highlight key features of Twitter, <br> including setting up account and how it works, <br> and advantages of using Twitter as a source of <br> job leads. <br> Hand-out <br> "There are a <br> variety of <br> websites and <br> online resources <br> and you should <br> use the | 4. Distribute hand-out |
| :--- | :--- | :--- |
| infmation in the |  | HAND-OUT 3-9 <br> hand-out to <br> explore and try <br> out some of <br> these websites <br> for yourselves <br> Remember: <br> Keeping safe on- <br> line is an <br> important |
| consideration" |  |  |


|  | D. Inoculation against setbacks <br> 1. Post on Flip Chart: <br> - Most Difficult Things About Using on-line sources to look for Job Leads <br> - Ways of Overcoming these Difficulties <br> 10. Most Difficult things about USING ON-LINE APPROACHES FOR JOB LEADS <br> 11. WAYS OF OVERCOMING THESE DIFFICULTIES $\qquad$ <br> 2. Debrief: "Which of the ways of overcoming these difficulties will you use? <br> - Trainer encourages participants to vocalise: <br> - To the participant sitting next to them OR <br> - To the larger group OR <br> - To indicate on the flip chart with a tick <br> Their choices for overcoming difficulties. | 15-mins |
| :---: | :---: | :---: |

## CVs:

Experts say that CVs can be useful for organising your thoughts and career goals, when used as a calling card for networking, or as a postinterview reminder. Some employers, of course, require them. But as a stand-alone job seeking tool they are not very powerful. A good CV may get you an interview, but it will not get you the job.

- If we take advantage of this, there may be things we've been counting on a CV to do alone that could be conveyed even more impressively by direct contact - like showing how knowledgeable we are or how pleasant we'd be to work with.
- No piece of paper can do that as well as you can personally; especially when you use the networking methods we practiced earlier.


## V. CVs

## A. Introduction to CVs

1. Present: What is the purpose of a CV? How do employers use them? Does every job require a CV?
2. Practice: Post blank flip charts on the wall titled:
3. 

CAREER OBJECTIVE OR SUMMARY
13.

WORK EXPERIENCE

| Prompt for Tomorrow: <br> Tomorrow you get to put these lists into action. We're going to keep these sheets up on the wall, and in tomorrow's session we will hold our own miniworkshop on CVs. | 14. <br> 15. <br> SKILLS, ABILITIES AND EDUCATION AND TRAINING ACHIEVEMENTS <br> 17. <br> NTERESTS, HOBBIES, <br> FORMAT AND SEND MEMBERSHIPS OPTIONS <br> 18. <br> 19. ADDITIONAL CATEGORIES <br> Encourage participants to write their ideas of "CV do's and don't's" on flip charts. <br> 3. Debrief: Trainers review participant-generated flip charts |  |
| :---: | :---: | :---: |

## VI. CLOSING

5-15 Minutes

1. Present: Review Day:

- "Finding Job Openings Through Networking
- Tally Sources of Job Leads
- Introduce How People Find Jobs
- Introduce the Concept of Networking
- Trainers' Networking Sketch
- Sources of Job Leads
- Participants Practice Networking
- Ways of Overcoming Difficulties About Asking for Job Leads
- Informational Interviews
- Introduction to CVs

2. Practice and Chart: Participants give feedback on what did and didn't work.

> 20. SESSION THREE DEBRIEF WHAT WORKED AND WHAT DIDN'T
3. Debrief: "What was effective? What was not effective?"
4. Preview Next Session:

- How to call and ask for an interview
- How to prepare for an interview
- How to control the direction of the interview
- How to critique a sample CV

5. Closing:

- Go around the room and have each participant share one thing that sticks out in his/her mind about today's session.
- "Have a pleasant and productive day. We'll see you tomorrow."


## SESSION THREE - Hand-outs

# Asking for a Job Leads Script 

## C: Contact <br> A: Applicant

A (This contact is a former boss from a summer job). Hello, Mr Brown, this is
$\qquad$ . Do you have a moment?

C Yes, what's on your mind?
A I've been hunting for a different type of job from the one that I did last summer. I want to work in a framing shop and maybe learn some new skills. I'm good with my hands and I thought this might be a way of combining something I like to do with a job.

C Hmm, I don't think our day care business has much to do with framing.

A That's true, but I thought that perhaps you come into contact with customers who might have that type of business. Perhaps you might hear about an opening.

C We, do have clients from a wide range of backgrounds. I could keep my ears open for you.

A I'd really appreciate it. Is there anyone else you might know who might have some inside knowledge about jobs in picture framing?

C My brother-in-law, Carl, works in the wood-supply business. He might know something.

A He sounds like a great lead. Could I call him or drop him an email, or could you ask him about it?

C Sure, give him a ring.
A Is it okay for me to tell him you suggested that I call him?
C Of course. His number is 0207654987.
A Thanks, this is really helpful, Mr Brown. Would you mind if I checked back with you in a week or so to see if you have heard of any openings?

C Sure.

A
C Glad to oblige. Good luck.

## Discovering Your Job Lead Network

## Your personal network of acquaintances can be a powerful jobsearch tool!

Approximately $38 \%$ of all jobs that people get are found through some form of person to person contact. Relatives, friends, acquaintances and colleagues can be great sources of job leads. Remember you are not asking these people for a job, you are simply asking them to be your eyes and ears for job openings and other insider information that you will follow up on.

## Most people know more people than they think they do. Consider the following lists of

 people:
## Relatives

- Mother
- Father
- Brothers
- Sisters
- Aunts
- Uncles
- Cousins
- In-laws
- Grandmother
- Grandfather
- Spouse


## Colleagues

- From your most recent job
- From your next to last job
- From jobs before that
- From your department
- From other departments
- You had lunch with
- Who said goodbye when you left
- You talked with at social gatherings
- Bosses with whom you had a positive relationship

Friends \& Acquaintances

- Current neighbours
- Past neighbours
- Shop assistants
- Doctors
- People from places of worship
- Barber
- Hairdresser
- Bus driver
- Post deliverer
- Accountants
- Club members
- School friends
- Teachers
- Counsellors
- Clergy
- People your children know

Completing the following lists can help you discover and expand your personal network.

- List everyone who comes to mind
- You can go back later and decide whom you want to call and how you will contact them.


## Relatives

Include mother, father, brothers, sisters, in-laws, cousins, grandmothers, grandfathers, aunts, uncles, and any other relatives that come to mind.

## Colleagues

Think of people who have contacts in your geographic area. Start with your most recent job and work backwards. Include people:

- In your department
- In other departments
- With whom you had lunch
- Who said goodbye when you left
- You speak with at social events
- Bosses and managers with whom you had/have a good relationship


## Friends \& Acquaintances

These need not be close friends, just people you think of that live in your geographic area. List all the friends and acquaintances that come to mind. You can decide which ones you want to call later.

Neighbours (past \& present)

Members at your place of worship

Service Providers (barber, hairdresser, bus driver, accountant, post deliverer, store clerk, doctor etc.)


Members of clubs or any other groups you belong to
$\square$

Any other friends or acquaintances that come to mind

# Steps in Contacting People for Job Leads 

| Steps: | What you might say: |
| :--- | :--- |
| Greet the person and give your name. | "Hi Ted. This is __. How are you?" |
| Ask if he/she has a moment to talk. | "Do you have a few minutes to talk?" |
| Explain that you are calling to explore new job <br> opportunities. | "Great! I wanted to let you know that I am <br> looking for a job..." |
| State the type of job you are interested in. | "...where I can work in materials handling or <br> delivery." |
| Describe the experience you have that related <br> to the job you want. State you skills and <br> experience in a positive manner. | "I have had lots of experience in shipping and I <br> did a lot of volunteer delivery work for our <br> church during the flood last spring." |
| Ask if the person has information on job leads. | "Do you know of any job possibilities or or <br> openings in this area?" <br> "Do you know of anyone who might have some <br> inside knowledge in this area or who works in <br> this field?" |
| Ask if you can keep in touch. |  |
| Askay to use his/her name when you <br> make the contact, if the person refers you to <br> someone else. | "Thanks for the lead. Would it be alright if I use <br> your name when I call |
| Thank the person. (A written thank you note is a <br> nice gesture for job lead contacts who have <br> been particularly helpful.) | "Thanks, you've been a great help; I really |
| appreciate it." |  |

## Asking for Job Leads

1. List two places you could call and ask about job openings (you're not committed to calling anyone; you're just considering the possibility.)
2. $\qquad$
3. $\qquad$
4. Tell your partner the names of the people/places you could call.
5. Your partner will role play those people/places. Practice asking your partner about job leads.
6. You may want to jot down a few reminders of what to say (or you might want to use the hand-out "Steps in Considering People for Job Leads").
7. Your partner will give you feedback after each job lead call you make.
8. When you've practiced asking two people/places, switch roles and your partner will practice calling two people/places.

## Participant Networking List

Name
Address (optional)

Phone Number E-mail Address

Job You Are Seeking

|  |  |  |
| :--- | :--- | :--- |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |

## Questions for the Informational Interview

Ask your partner the following questions about a job he/she had that he/she enjoyed; then switch roles.

What do you need to know to do this job? (skills)

What other people do you recommend that I contact for more information about this field?

May I mention your name when I make this contact?

## Using LinkedIn for Job Leads



Linkedln is the world's biggest recruitment website
Linkedln profile - Always at the top of Google

## What Is Linkedln?

1. A Facebook for Professionals
2. An online CV
3. A network building and maintaining tool and much more...

## Why use LinkedIn?

1. A lot of job postings are on Linkedln
2. Many job postings are exclusively on Linkedln
3. Many recruiters use it
4. A staple of professionalism
5. Meet the people behind the jobs
6. Show what you know and what you can do

## H/O 3-8

## Using Twitter for Job Leads

You don't have to 'Tweet' to be a 'Twitterer'
Use Twitter as an Information Resource
Use Twitter to advertise yourself
What is Twitter
Twitter is an online social networking and micro-blogging service that enables users to send and read short 140-character text messages, called "tweets".
[Source: Wikipedia]

## Twitter Basics

1. Every user has their own customisable page.

2 .Account names are preceded with @
3. A Twitter webpage address is www.twitter.com/[Account Name]
4. Can post 'Tweets' - 140 character message
5. Can tag others using @[Account Name]
6. Can also add links, photos, and videos

## Job Leads

Jobs found exclusively on Twitter and company websites
Being the first to know
Quick, easy vacancy breakdown
Simple job search


# HIGHGATE JCP @HighgateJCP• Jul 2 

Sales Associate Mens Part time 24rrs - HHighgatelCP Havey Nichols London. fashionunited.co.vkffashion-joblee... ...

## Expand

WorkingMums © ©WokingMums •Jul2
Part Time Job of the Day. Retail Store Manager - South London ow. lypwy6 \#jobs

Expand

## On-line Job Search Tools - examples

## Universal Jobmatch (www.gov.uk/jobsearch)

Universal Jobmatch (UJ) is the Government preferred online job posting and matching service for jobseekers and employers. UJ is the UK's largest jobs board, with up to 1 million live vacancies at any one time and an average of 4.5 million daily job searches. The site allows jobseekers to search for and apply for jobs and employers to directly manage their vacancies online. By registering on Universal Jobmatch, jobseekers can also upload CVs and create cover letters, be matched to jobs, et updates on jobs of interest, get hints, tips, ideas for job search as well as getting information about staying safe online.

## The National Career Service <br> (https://nationalcareersservice.direct.gov.uk/),

The National Careers Service is the publicly funded careers service for adults and young people (aged 13 or over) in England. It provides a range of information, advice and guidance and online tools to support learning, training, career choice, career development, job search, and the labour market. It can be accessed online, by telephone, and face to face.

## Monster (www.monster.co.uk)

Monster.com is one of the largest employment websites in the world. It is owned by Monster Worldwide Ltd and is currently the service provider for Universal Jobmatch. It helps jobseekers to find job openings that match their skills and location. Jobseekers can upload their CVs for employers to view and it contains advice and guidance on CVs, job application forms, job interviews, tips for job hunting and career tools such as job snapshots, which provide information on job purpose, skills required and qualifications needed.

Other Potentially Useful Job Websites
www.dailyjobseeker.tumblr.com
www.indeed.co.uk
www.tradecareeruk.co.uk
www.jobsite.co.uk
www.cv-library.co.uk
www.fish4.co.uk
www.guardianjobs.co.uk

## www.totaljobs.co,uk

Take time to explore these (and other) online resources, many of which can be accessed via Apps on Smartphones, Tablets and IPAD devices (eg. Apple or Android, Blackberry). Follow the links provided to explore these.

## Smart Phones - Mini Computers: Powerful Tools for Jobseekers



Anodroid Sitiart Fhones
Wotione sankug, HTE EL:...
androld Marhat


App Mond

## A hich percentacge of jobseekers have Srant Phones.

They are ideal for use in finding jobleads and helping with jot searoh.
All of the big jobsites have an apo for the three big payers in the Simart Fhome market.
You can downoad free Appsy searching Appe's AppStore, Android warket or
Elackerry Apphorlot


## $E$ lectronic Offers New

## Opportunities

You can now... search the world-wide-web (www) for thousands of jobs instantly, as well as signing up to relevant social media networks;

But don't forget... many jobs are still advertised in local newspapers.

You can now... use your mobile phone to post your CV and chase up job applications
But don't forget... having printed copy of your CV doesn't depend on batteries!

You can now... research your employer online, or, even look up your interviewer on LinkedIn!

But don't forget... you can still use your local library to research company information.

You can now... plan your route to the job interview on the internet, store the address on your Smart Phone, and navigate to the front door;
But don't forget...it's good to have a back-up plan, just in case....!

You can now... have a job interview via Skype;
But don't forget... making a good impression still matters.

Session 3 - Additional Information Hand-outs

## Informational Interviewing

## What is it?

It's a form of networking in which the job seeker visits various work sites and talks with people employed in jobs that he/she is interested in learning more about.

## How can it help?

- It helps people in career change learn about different jobs.
- It is a source of possible leads.
- It helps job seekers prepare for job interviews.


## What should I ask?

The following are questions you might consider asking when you interview information.

- How did you get in to this line of work?
- What do you like most about your job?
- What do you like least about your job?
- Where else can I find people who do this type of work?
- What is it like to do this job? Is there a daily routine?
- What personal characteristics are the best fits for this job?
- What types of skills and abilities does this job require?
- What qualifications are needed for this kind of work: education, training, experience, license/credentials, union memberships?
- Is there on-going training? Can you describe it?
- How would you describe the supervision given to a person in this job?
- What equipment or business machines do you use?
- What is the pay range for a job in this field?
- Would it be possible to tour the work site? (if appropriate)
- What do you predict will happen in this field in the next 5-10 years?
- What are the opportunities for promotion?
- How would a person with my background find a job in this field?
- What other people or organisations do you recommend that I contact for more information about jobs in this field? May I mention your name when I make these contacts?


## Tips for Conducting an Informational Interview

## Before

- Prepare questions before you go.
- Take a notebook to take notes.
- Get good directions.
- Arrive 5-10 minutes early.
- Dress neatly and appropriately (try to find out how employees dress).
- Avoid heavy perfumes and aftershaves; many people are allergic to them.
- Take a few copies of your CV; they may come in handy.
- Relax; this is not a job interview. It will be fun.


## During

- Smile and greet receptionist.
- Give your name and the name of the person you're there to see.
- Avoid smoking, chewing gum, or looking at papers on anyone's desk.
- When you meet the person you will be interviewing:
- Smile
- Introduce yourself
- Offer a handshake
- Make some upbeat small-talk (e.g. about the weather).
- Express enthusiasm about being there and begin the interview.
- Ask the questions you have prepared.
- Take notes on important points.
- Stick to the agreed time (usually 20-30 minutes).
- Ask the person who else they'd recommend you talk to in that field.
- Ask if you can use his/her name as a referral.
- Comment on something specific you learned as a result of the interview.
- Thank the person for his/her time.


## After

- Keep track of your informational interviews in a notebook.
- Send a written thank you note to the person you interviewed.
- Follow up on leads and referrals you received at your interview.
- Acknowledge and appreciate yourself for taking the initiative to conduct an informational interview.


## CVs

## Introduction to CVs

Writing a CV can be a daunting process. There are so many different types of CVs; it can be difficult to know which one to choose. The format you choose is one of the most important choices you can make. Choose the wrong one and you could be hiding your most important strengths and skills from the reader.

## What type of CV should I use?

So which CV is right for you? The three types of CV most commonly used are: the Chronological CV; the Functional CV; and the Combination CV

## The Chronological CV

The Chronological CV is the most commonly used format; it lists your employment history in reverse chronological order, with your most recent job at the top.

Structure

| Personal Details | Name and contact details. |
| :--- | :--- |
| Personal Profile | A brief personal statement, usually 3-5 lines. Tailor this to the <br> role that you are applying for to show that your career goal <br> matches the vacancy. |
| Career History | In reverse chronological order unless you are a recent graduate <br> or have very little work experience (if this is the case, reorder the <br> structure so that Education and Qualifications comes first). |
| Education and Qualifications | Be specific about relevant skills gained on any courses (such as <br> communicating with individuals and groups). List relevant <br> aspects of the courses and how they relate to the job you are <br> applying for. |
| Professional Memberships | For example, British Hospitality Association, Chartered Institution <br> of Building Services Engineers, |
| Other <br> Information/Competencies | Include skills not mentioned elsewhere on your CV; for example, <br> First Aid qualifications, other languages, driving licences (e.g. <br> car, motorcycle, HGV, fork-lift truck). |

## Advantages

1. It is the favourite format for most employers as it is very easy to read.
2. Particularly useful for those applying for a job in the same industry because it will demonstrate your career progression.
3. If you don't have many achievements or significant highlights across your job history, a job-by-job approach can detail your main responsibilities and take the emphasis away from key achievements (which is more relevant to the Functional CV, discussed below).

## Disadvantages

1. If you have gaps in your employment history, the Chronological CV will make them much more obvious.
2. If you are applying for a job in a different field, the Chronological CV may not be as useful to a recruiter who will be more concerned about your transferable skills than the detail of your experience in an unrelated sector.

## The Functional CV

The Functional CV is best used when you want to draw attention away from your work experience due to long gaps in your job history, re-entering the job market after a long time out of work, a very short career, or job-hopping between careers. This type of CV focuses on transferrable skills what you can do and what your core skills and strengths are.

This CV is most commonly used by recent graduates, people looking to change careers completely, and those with gaps in their job history. It should be noted that employers and recruiters may prefer a different CV format, so use the functional CV format in situations where advantages of using it outweigh the disadvantages.

## Structure

| Personal Details | As per Chronological CV. |
| :--- | :--- |
| Personal Profile | As per Chronological CV. |
|  | A succession of sections, each relating to a different skill or <br> strength. Order these in decreasing order of importance (the most |
| important ones being those specifically linked to the job you are |  |
| applying for). Instead of focusing on a particular job, you should |  |
| describe your experience in its entirety. Because you are not |  |
| detailing a specific role, you can include skills, strengths or |  |
| experience gained from voluntary or unpaid work. |  |

## Advantages

1. If you have changed jobs frequently, or if you have had a range of unrelated posts or changed careers frequently, the Functional CV will place the emphasis on what you offer as a whole, rather than on your career progression.
2. A Functional CV will help a recruiter focus on your transferable skills.
3. A Functional CV may suit the older worker given the trend towards people working for Ionger and legislation (eg The Equalities Act, 2010), which makes discrimination on the grounds of age illegal.

## Disadvantages

1. If you don't have much work experience, you may struggle to highlight achievements in a separate section.
2. Most employers and recruiters do not like this type of CV - they like to see what a candidate has done and sometimes wonder when they see this type of CV, whether the candidate is trying to hide something.
3. Functional CVs do not allow you to highlight consistent career progression.

## The Combination CV

A Combination CV is a mix of the Chronological and Functional CVs. While this means that this type of CV is slightly longer, it does offer the best of both types of CV and is becoming a more and more popular structure to use.

| Personal Details | As per Chronological CV. |
| :--- | :--- |
| Personal Profile | As per Chronological CV. |
| Skills, Strengths and Experience | As per Functional CV. |
| Career History | As per Chronological CV. |
| Education and Qualifications | As per Chronological CV. |
| Other Information/Competencies | As per Chronological CV. |

## Advantages

1. An ideal format if you have a strong career progression with many achievements.
2. Allows you to sell your strengths and skills as well as your experience.

## Disadvantages

1. Longer than the Chronological and Functional CVs so may be off-putting to employers and recruiters with little time to skim CVs.
2. Less suitable for those with little experience or achievements.
3. Less suitable for those with employment gaps.

Tips for writing a CV when you have no work experience
An employer is not looking at what you have done, but what you can do. You have to convince them that you are capable

1. Show Your Potential of taking on the job. Make a list of all of your relevant experience, including any volunteering or internships - just because you didn't get paid for a task doesn't make it any less valuable.

Talk about your skills sensibly. Make a list of the most important skills and experience relating to the job vacancy and come up with some concrete examples of where you demonstrated them.
2. Be Honest About Your Skills

If you have leadership skills, talk about an event that you organised. Are you good at communication, provide an example of how this has helped you. For example, if you are caring for a sick relative, good communication skills are vital for liaising with medical professionals in an effective and timely manner.
3. Highlight Your Achievements
4. Make Sense of Your Skills and Qualifications

Talk about your achievements in different contexts such as education, work, volunteering and leisure. By talking about your achievements, you can reinforce your skills.

Many often fail to relate how their skills and qualifications in a meaningful way. That is, they can't explain how hiring them will benefit the company. For example, you might mention writing up coursework, which is not relevant to the employer. However, if you were to say that you have the skill to research and write up lengthy documents that will make communications easier for the department; you will have a much better response and understanding from the employer. Always focus on bridging the gap between what you did and how it is relevant to the job you are applying for.

## CV Blueprint Form




Dates employed, company name, location and job title. Phrases starting with active words which describe briefly the responsibilities of the previous job listed in reverse order.

|  | Certificates, apprenticeships, NVQs, City \& Guilds, degress, or <br> training that relate to your Objective. If impressive, list after the <br> Objective. |
| :--- | :--- |
| QUALIFICATIONS, <br>  <br> EDUCATION | $\square$ |



Note: Other section titles may be used depending upon what highlights your skills and accomplishments most effectively.

A functional CV lists your capabilities and experience in categories related to your job objective. Each category has an underlined title which describes that function, like Sales or Recruiting. This type focuses on skills rather than jobs. It is good to use if you have gaps in your work history or if you are looking for work in a field different from your last five years' of experience.

## Functional CV

John Smith<br>10 Arkwright Street, York, YO17 9RD<br>0165368 0000, john.smith@emailadress.co.uk

Summary A managerial position in a large supermarket where my management, sales, and customer service skills can be used to their full potential to motivate staff and to help increase in annual turnover and profits.

Over 16 years of sales experience in supermarkets. Responsible for increasing annual turnover by $17 \%$ and managing a team of 13 sales assistants.

Sales: Increased sales by $17 \%$ resulting in a £200,000 profit increase. Trained new and existing staff in methods to increase sales and good customer service. Responsible for new stock orders and led on layout and promotional campaign and sales of stock.

Recruiting: Responsible for the recruitment of competent new full-time and part-time staff based on CV appraisal and own-designed interview process.

Training: Conducted weekly hour-long training sessions for staff on sales methods and customer service.

Management: Managed 13 sales assistants and organised holiday, sick and work rotas. Designed and organised promotions and sales. In charge of daily, weekly and monthly running of the store.

Achievements:

- Awarded best supermarket salesperson two years running
- Increased turnover by $17 \%$
- Introduced new stock that subsequently increased profits
- Redesigned the layout of the store which helped attract new customers


## Work Experience:

2004 - present Mitcham's, Ryedale
Superstore
Shop Manager
1998-2004 Cost Care, York
Assistant Manager

## Education:

> BTEC (Level 2) Business Administration; BTEC (Level 3) Business Management

References: Available on request

# Combination CV 

## John Smith

10 Arkwright Street, York YO17 9RD
0165368 0000, iohn.smith@emailadress.co.uk
Summary: Experienced sales manager with good leadership skills and a pleasant and friendly manner seeks managerial position in a large supermarket where extensive management, sales and customer service experience, plus a proven record in increased sales and promotional skills can be put to use.
: Over 16 years' experience in supermarket industry. Increased turnover by $17 \%$ and managed staff of 13 sales assistants.

Sales: - Increased annual turnover by $17 \%$ resulting in a £200,000 profit increase.

- Instructed staff in top selling and customer service methods, which helped increase profits.
- Awarded best supermarket salesperson in the county for two years running.
- Introduced new product line that increased sales by $9 \%$.
- Used marketing knowledge to redesign shop layout and organise special promotions and sales, which also resulted in increased sales.

Recruiting: - In charge of recruiting all new full-time and part-time staff through own devised interview process.

Training: - Conducted weekly training sessions on sales methods and customer service.

- All staff able to correctly advise clients on purchases ranging from suitability of item to nutrition and healthy eating advice.


## Professional Experience:

Mitcham's, Fulham
2004 - present

## Sales Manager

- Responsible for team of 13 staff.
- Duties included buying stock, promoting lines, organising sales and promotions, dealing with customers and cashing up daily takings.

Cost Care, York
1998-2005
Assistant Manager

- Involved in purchasing new lines and stock.
- Handled cash and credit purchasing transactions.
- In charge of store when manager absent taking on full responsibilities.
- Dealing with customers, helping with purchases and finding solutions for complaints.

Education:
BTEC (Level 2) Business Administration; BTEC (Level 3) Business Management

## What Makes A Good Electronic CV

Remember, your C.V. has to impress the employer or HR recruitment manager very quickly compared to other CVs

Keep your CV targeted on the job.
Read the job advertised and research the company - link your CV to the job specification.
Present you CV relative to the job requirements - be accurate and concise.
Remove "distracting" information, eg. DOB / Gender/ Address / etc.
Don't use fancy fonts and graphics - unless appropriate to the job.
Ensure compatibility of your CV with Word, PDF formats.
Check for errors - use a spellcheck / ask someone else to read it.
Include links to additional online information when appropriate, eg.video's/previous projects/Linkedln/ Twitter/ etc.

Reload CV to jobsites at least once a week to ensure they are up to date and relevant to jo goal.

## Active Language for CVs

Use active rather than passive words and phrases throughout your CV. The following list includes many good examples.

## Active Words

|  |  |  |
| :--- | :--- | :--- |
| Administered | Directed | Persuaded |
| Analysed | Distributed | Planned |
| Approved | Established | Presented |
| Arranged | Evaluated | Presided |
| Assembled | Expanded | Recommended |
| Built | Facilitated | Recruited |
| Composed | Implemented | Repaired |
| Constructed | Improved | Researched |
| Controlled | Initiated | Revised |
| Coordinated | Invented | Solved |
| Created | Investigated | Sorted |
| Designed | Led | Supervised |
| Determined | Managed | Trained |
| Developed | Negotiated | Won |
| Diagnosed | Organised | Wrote |
|  |  |  |
|  |  |  |

When describing your experience use statements that start with verbs. Avoid the use of " $I$ ", "Me" and "My" to begin statements.

For Example:

Instead of:

- I opened the mail and directed all incoming calls.

You could say:

- Directed all incoming calls
- Administered the mail and message systems for the entire department.


## Checklist for CVs

Use good-quality paper.
Use a printer that produces clear, sharp type which will photocopy well. Use a good-quality copier (your local ibrary or Jobcentre should have one), to make copies of your CV.

Your name, address, city and postcode, and your telephone number and e-mail address are at the top of the oage.

Your job objective, if you choose to use one, appears directly under your name and address so that the reader's eye is led to it immediately.

Your job objective states clearly the functional areas in which you seek employment and the general level of the ob you want.

The objective should avoid using a job title, e.g. Administrative Supervisor, when a more general designation h as Administration Management would allow you to be considered for a wider variety of openings at several rent levels.

If you are applying for a specific job, use the exact job title.
Organise the contents of the Achievements section, if you choose to use it, to emphasise results produced, significant achievements, and recognition from others whenever possible.

List duties and responsibilities that show your specific skills and accomplishments. Give sufficient detail to help the reader infer your level of achievement.

Include everything directly related to your specific job objective.
Include education, formal and continual, which supports your job objective.
The CV is interesting to read as well as pleasing to the eye. Your enthusiasm should come across to the reader.
Mention awards, or community and social activities which support your job objective. Mention achievements which reflect your versatility or other exceptional qualities.

Avoid writing negatively of previous employers.
Avoid listing too many unimportant, meticulously detailed duties such as "opened mail, sorted correspondence".
Exclude all information such as National Insurance Number, religion, race, salary, age, weight, state of health, height, marital status, references' names, etc.

Check the spelling of every word and make sure the grammar and punctuation are correct.
All of the statements are presented in the same person and voice.
All of the phrases begin with action words such as "supervised", "directed", "developed", "implemented", "organised", "planned", etc.

The word " $l$ " is used sparingly or not at all.
Be truthful about achievements rather than under-emphasising or hyping them too much.
Your CV is attractive to the eye, interesting, clear, concise, easy to read quickly, full of facts and details which orove that your experience and personal qualities would be assets to the organisation.

# Suggestions for Writing Cover Letters 

A cover letter can be used to introduce your CV and provides an opportunity to highlight how your specific skills match the job requirements. It can also be used in a 'letter writing' campaign when you are looking for possible job openings.

## Make a Good Impression

Contacts with prospective employers should look business-like. Print letters on good quality paper in soft colours, which make it easy for prospective employers to read.

## Make it Perfect

Proofread your letter with care. Make sure there are no spelling mistakes, grammatical or typing errors. You may want to ask someone else to review your letter and check for errors.

## Use a Business Correspondence Format

Any business correspondence format will be fine. Centre it attractively on the paper and make it no longer than one page.

## Write to a Specific Person

Make sure you have the correct spelling of the person's name, title and the correct address. Call the company and verify this information if you are not sure.

## Make the Content Brief and Focussed

Personalise your cover letter - write to a specific person each time you write a letter. Most people are not impressed by a "stock" letter.

1. Use a grabber first sentence. A grabber sentence is designed to grab the reader's attention. This sentence should indicate that you know something about the company and how you can benefit them.
2. Tell how you became attracted to this particular company.
3. Include a paragraph that highlights your experience, skills and achievements that are relevant to the job and how they will benefit the employer. To do this you need to know something about the position or the company that you are writing.
4. Include a few sentences about your training and personal traits that make you valuable to a potential employer.
5. State your next step. Don't leave it up to the employer to contact you.
6. Thank the person for his/her time and consideration.

Mia Smith<br>10 Arkwright Street, York YO17 9RD<br>01653680000

$1^{\text {st }}$ December 2014

Earl Jones
General Manager
Westside Car Dealership
777 Velleda Street
York
YO31 7JZ

Dear Mr Jones,
Currently more women than ever are buying cars for themselves and their families. I believe that I can help you gain an even greater share of this lucrative sales market. I am writing to you because I know your dealership has held the largest share of the market for the past 10 years and I am now interested in becoming part of a winning team.

In my ten years of experience in retail sales I have repeatedly exceeded my sales quotas. Due to my understanding of women's needs in colour selection, style, comfort and convenience, I am able to explain technical ideas in everyday language.

My excellent memory for current inventory and available options has allowed me to spend more time effectively selling products. I am a highly motivated sales person who quickly develops clientele and understands the importance of perseverance in closing a sale. I have consistently won awards for "Highest Sales for the Month". Further representative achievements are reflected in the enclosed CV.

I will call your dealership next week to see if we can arrange a time to meet. I thank you in advance for your consideration.

Sincerely yours,
Mia Smith

## H/O 3 Ref

# Tips for Making Your List of Job References 

It is a good idea to prepare a list of people who can act as referees,as part of your job search. Choose people who know you, who know about your work and would give you a good recommendation.

- Make a list of people who know you and know about your work.
(Past employers, supervisors from paid and volunteer positions, colleagues, teachers)
- Decide who you will ask to give you a job reference.

Choose people who you think will give you a positive reference and who hold a position that others would respect.

- Contact these people by phone or in person.
- Start with a greeting and give your name.
- Tell the person you are looking for a job.
- Let him/her know what type of job you are seeking.
- Ask if he/she would be willing to be listed as a job reference.
- Ask if he/she is aware of any job openings in your field.
- Send him/her a copy of your CV and any other helpful details.
- Include the following for each person on your list:
- Complete Name/Title
- Organisation and Address
- Phone Number and E-mail Address
- How that person knows you.
- Print your list on good-quality paper.

You'll be prepared when an employer asks for your list of references. This list will also help you in filling out the reference section of an application.

- Write thank you notes to any reference that is called by a potential employer.

Periodically you may want to let you r references know how your job search is going and ask if they have heard of any job openings.

