

## LNR and Trent Foundation Schools Specification – End of Life Care Training

### General information

Health Education England, working across the East Midlands, wishes to receive quotes for the delivery of the Specification outlined in this paper. Health Education England (HEE) reserves the right to amend the Specification at any time and to decline any quote for work submitted in response to this paper at its sole discretion.

This paper has been prepared for information purposes and does not in itself constitute a contract. Whilst the paper has been prepared in good faith, HEE does not accept liability for any loss or damage arising from information or omissions so contained.

### Process time-table:

Specification available on website	21 July 2016
Response to specification received	28 July 2016
Successful respondent informed of commission	12 August 2016
Commission to commence	1 October 2016

Responses should be sent to Denise Barber, Development Manager, [denisebarber@nhs.net](mailto:denisebarber@nhs.net) by midnight 28 July 2016.

Queries relating to the specification should also be made to the above email address or via 0115 823 3393.

### Background

Health Education England, working across the East Midlands, is responsible for providing two-year generic training programmes to 1000 foundation trainees across the East Midlands region based in the LNR and Trent Foundation Schools.

Currently the two Foundation Schools deliver a programme of generic skills courses to all F1 doctors. As part of this programme we wish to procure an End of Life Care training day to meet the F2 outcomes of the Foundation Curriculum 2012, to enable F1s to:

- Understand the principles of providing high quality end of life care including the use of DNACPR orders as outlined in Treatment and care towards the end of life: good practice in decision making (GMC, 2010)
- Take part in discussions regarding end of life care and DNACPR orders
- Use the local protocol for deciding when not to resuscitate patients

Health Education England, working across the East Midlands, intends to procure 500 places on an End of Life Care course from providers within the local education and health communities.

## Principles

The course will need to:

- Incorporate theoretical and practical elements i.e. brief presentations, group discussions and work skills rehearsals
- Deliver relevant Foundation Curriculum competencies
- Be delivered by a multi-professional faculty
- Be evaluated by the learners and a certificate of achievement awarded on successful completion of the course
- Be provided by an established provider in the delivery of similar courses
- Provide access to course manual and/or e-learning resources
- Where possible, incorporate an inter-professional theme

The course must be delivered during a one-day period; which includes any preparatory learning i.e. e-learning content. The preferred maximum number of course participants is 30. Consideration may be given to increasing this to 50 participants, if this can be supported by the faculty. Foundation trainees can participate in courses with other healthcare professionals however the overall number of any course participants cannot exceed this number.

Should a group of organisations wish to submit a joint proposal to collaboratively deliver this training provision, or submit sole applications to deliver part of the specification, it is HEE's expectation that any contracted quality management requirements will be a shared responsibility amongst the contracted organisations.

## Educational Outcomes

The course will need to enable participants to:

- Understand the value of 'diagnosing dying' and estimating life expectancy
- Prioritise symptom control as part of end of life care
- Describe reasons to refer to specialist palliative care services and how to access local services
- Demonstrate an awareness of Advanced Care Planning in end of life care and the times when it may be appropriate
- Discuss patients' needs and preferences regarding end of life care wherever possible
- Understand the ethics of transplantation and identify potential donors to senior medical staff
- Discuss and make plans for preferred place of death wherever possible
- Take part in a multidisciplinary approach to end of life of life care utilising end of life care plans and prescribing guidance
- Understand the importance of appropriate discussion and documentation of DNACPR orders

- Describe the criteria for issuing DNACPR orders and the level of experience needed to issue them
- Discuss DNACPR orders with the multidisciplinary team, the patient, long-term carers (both medical and non-medical) and relatives
- Understand the accountability of the responsible clinician when a DNACPR decision is made
- Understand the role of the individual and the family in the communication of DNACPR orders
- Describe conflicts between patients and their relatives
- Describe how to address DNACPR decisions that are challenged/conflicts arise between interested parties
- Describe the process of reviewing DNACPR decisions in an end of life care setting
- Describe the principles of withdrawing and withholding treatment in end of life care in deciding the ceiling of treatment (TEP)

### Selection Criteria

The successful proposal will:

- Demonstrate the provider has sufficient faculty to deliver the course
- Demonstrate a clear understanding of the topic being delivered
- Demonstrate how the Educational Outcomes in this Specification will be delivered
- Demonstrate practical experience of delivering teaching in this area
- Demonstrate knowledge of the Foundation Curriculum
- Demonstrate how the course will be evaluated and feedback provided to the foundation schools
- Demonstrate how they would work with the foundation schools to develop promotional materials
- Provide value for money delivering course within the prescribed budget
- Provide examples of previous work undertaken e.g. course manuals
- Provide examples of delivering teaching in this area to foundation doctors
- Demonstrate compliance with the schools' rules on maximum course participants

Any bid submitted by a provider already delivering End of Life Care Training to HEE based foundation doctors, must be accompanied by a qualitative and quantitative report analysing course evaluations from the 2015-16 cohort.

### Contract Specification

The courses must be delivered during the 2016-17 training year. The courses must be delivered between October 2016 and May 2017.

The total cost of the resource should not exceed £25,000 including VAT (£50 per participant). The costs must include venue hire costs.