

Medway Young Person's Wellbeing Service

Market Information and Engagement Event

10 June 2016


Medway
Clinical Commissioning Group


Medway
COUNCIL
Serving You

Welcome to Medway!

Alison Shepherd – Head of Partnership
Commissioning

Structure for the morning

- Presentation
- Panel Q&A
- Networking opportunity
- Table top discussions – SWOT analysis
- Feedback and discussion

Presentation outline

- About Medway
- The story so far.....
- Draft Service model – what’s new?
- What we know – what we don’t yet know
- Next steps

About Medway



Facts and figures

- population close to 270,000
- 85.5% of the population is white British
- population is expected to grow to almost 323,000 by 2035, an increase of approximately 20%
- Proportionately high number of people aged 0 to 19

Facts and figures

- A considerably higher proportion of children in Medway are identified as having SEN compared with the national average
- DWP data indicates that there are 2,780 children in receipt of Disability Living Allowance in Medway, of whom 250 are below the age of 5, 2,500 are aged between 5 and 18.

Facts and figures

- 7.3% of 16-18 year olds are NEET in Medway (the south east average is 4.2%)
- Medway's child poverty rate is significantly higher than both the national and regional averages i.e. 21.2% compared to 14.2% in the southeast
- Emotional wellbeing of looked after children in Medway is below southeast and England average i.e. an average difficulties score of 16.0 compared to 14.6 for the southeast and 13.9 for England (CHIMAT/PHOF)

Referrals

Average referrals through SPA per month 160 (>87 - <197)

- Signposted – 42%
- Tier 2 – 20%
- Tier 3 – 37%

Approximate caseload at Tier 3 – 1000

High numbers of emergency referrals (25%)

Existing services in Medway

- **Universal** – no directly commissioned provision
- **Tier 1** – schools and academies
- **Tier 2** – Medway Council and Sussex Partnership NHS Foundation Trust (SPFT)
- **Tier 3** – SPFT (joint Kent and Medway contract)
- **Tier 4** – NHSE (SLAM)
- Other providers linked to specialist pathways and services

C&YP EH&WB Strategy - 2015

Guiding principles

- Promote good mental health and emotional wellbeing
- Establish Early Help and ensure clear pathways
- Accessible information and support
- “Whole Family” approach
- Provide effective support for recovery following treatment
- development of resilience skills
- stronger attention given to effective transition at key life stages

Local Transformation Plan

- Future in Mind
- Submission of Medway Local Transformation Plan for assurance
- Stated commissioning intentions for separately commissioned Medway service

“The plan has been designed and built upon need and this was seen as a strength”

“Evidence of strong input into plans from CYP and families”

Rationale

- Advantages of coterminous Council and CCG
- Tighter continuum of support
- Flexible and responsive
- Built around the needs of Medway
- Universal and Early Help provision is different

Draft Service Model – what's new?

Draft Service Model

- **Universal** – workforce development and training, PHSE, peer support
- **Tier 1/Universal +** co-commissioning with schools and shared outcomes framework

Draft Service Model

Strengthened Primary Mental Health service (Tier 2 integrated with Tier 3)

- Single Point of Access
- 0-19yrs first contact >25 where clinically appropriate
- Integrated services – one stop shop
- Increased integration with and in-reach into other services
- Multi-disciplinary approach
- Increased family focused interventions
- Enhanced provision for Looked After Children linked to development of continuum of care

Draft Service Model

Specialist mental health service (Tier 3)

- Specialist mental health service
- Strengthened integration with Tier 2
- Strengthened crisis and home treatment service linked with A&E liaison

Draft Service Model

Inpatient (Tier 4)

- Collaborative approach with NHS England
- Sighted on the potential for these budgets coming back to CCGs

Draft Service Model

Inclusion of other key services

- Young person's substance misuse service
- Post abuse
- Post sexual abuse
- Young Person's Independent Domestic Violence Advisor (IDVA) function

Gaps and unknowns

- Crisis response and liaison
- S136 (place of safety)
- Eating disorders
- Neurodevelopmental (Autism and ADHD)
- Learning Disabilities
- Behaviour support services, parenting etc

Estimated indicative contract value

- Tier 2 CAMHS
- Tier 3 CAMHS
- LTP funding in CCG baseline
- Eating Disorder Service Ring-fence
- YP Substance misuse
- Other linked investment
- Building lease at New Horizons academy

£3.0 million pa +/- 20%

5 + 2 contract

£17.5 to £21 million

Other linked commissioning

- 0-19 health services (Public Health)
- Community paediatric services
- Children's continuum of care (edge of care services and accommodation)

CYP IAPT

All providers will be required to support the Commissioner in meeting nationally mandated requirements and standards in relation to CYP IAPT

- Training existing CAMHS staff, in targeted and specialist services, in an agreed, standardised curriculum of NICE approved and best evidence based therapies
- Training supervisors and managers in supervision, service change and development
- Supporting the collection of a nationally agreed outcome framework on a high frequency or session by session basis for all contacts. This routine outcome monitoring [ROM] is actively used to guide treatment / intervention in a collaborative manner with young people and their families
- Using outcome data in the direct supervision of the therapist, to determine the overall effectiveness of the service and to benchmark services
- Embedding outcome monitoring across the whole of CAMHS to transform how they operate, and how they are commissioned

Kent and Medway contract

- Not part of Kent led re-procurement of current contract
- Some aspects of service delivery will still require joint working and co-operation with Kent e.g. eating disorders, crisis care , Looked After Children

Indicative procurement timeline

- May – Jul 16 Consultation and engagement
- Aug – Sep 16 – Service specifications
- Oct 16 – Governance and sign-off
- End of 2016 – Tenders out
- Early 2017 – Evaluation and contract award
- Apr – Aug 17 – Mobilisation and transition
- Sep – Service start

Why work with Medway?

- Opportunity to make a real positive difference to children, young people and families
- Joined up and responsive
- We know our young people
- Whole system commitment to transformation
- Good cross border relationships with Kent CC and North Kent CCGs
- Challenges and opportunities!!

Panel Q&A